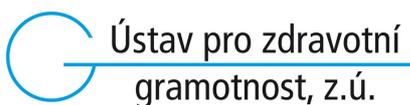


Newsletter

On February 1, 2022, an online kick-off meeting was held for the new and pioneering INHEAL project led by UZG (Institute for Health Literacy), bringing together representatives from all four partner organizations. During the meeting, each partner had the opportunity to introduce themselves and their respective organizations, as well as discuss the initial steps and project deadlines, with a particular focus on the first deliverable.

Project Partners:

- **Institute for Health Literacy** (Ústav pro zdravotní gramotnost) – Czech Republic (Project Coordinator)
- **MedicalScan Ltd.** (MedicalScan Kft.) – Hungary
- **Leaven Foundation** (Fundacja Zaczyn) – Poland
- **Pavol Jozef Šafárik University in Košice** (Univerzita Pavla Jozefa Šafárika v Košiciach) – Slovakia



The project is co-financed by the Governments of Czechia, Hungary, Poland, and Slovakia through Visegrad Grants from the International Visegrad Fund. The fund's mission is to promote sustainable regional cooperation in Central Europe by supporting innovative ideas.

The INHEAL Methodology was finalized in June 2022. This document, serving as the project's main output, aims to enhance readers' understanding of health literacy and digital health literacy. It also provides a selection of good practices and tools identified during the research conducted in the V4 countries.

Newsletter

Since July 2022, our Hungarian partner, MedicalScan, has been actively developing the online platform. This platform will publish the materials produced by the consortium in both English and the national languages of the partner countries. Once accessible, the platform will serve as a valuable source of information on health and digital solutions, raise awareness among the project's target groups, and contribute to the improvement of health literacy in Europe.

Since November 2022 our partners are preparing to implement training sessions that will enable invited organizations to share the knowledge gathered through seminars and workshops. Each partner, leveraging their networks, will carefully select 3 to 5 diverse organizations, such as senior homes and universities of the third age, that are eager to participate in the project. These activities will equip caregivers with innovative tools and fundamental knowledge, enabling them to effectively pass on valuable information to their senior pupils, thereby promoting improved health literacy.

Find out more

To access the outputs produced by the project, you can visit the project website (<https://www.inhealvisegrad.eu/>)

or check out the Facebook page

(<https://www.facebook.com/InhealProject>).

These platforms provide convenient access to the valuable resources generated by the project.